



GTIm - Gifted, Talented, Intense-minded Questionnaire

This questionnaire speaks to some of the profile characteristics of those we work with at AATC. Please think about your lifetime of experiences even from early childhood.

Questions:	Yes/ Always	Sometimes/ Maybe	No/ Never	Past or Current/ Comment:
1. Have you ever been described as mature for your age?				
2. Are you told you talk a lot, or that you speak about one subject too much?				
3. Would you say that you are an "intense" thinker?				
4. Do you feel that people tell you to relax, calm down, or stop overreacting more than they need to?				
5. Would you or others say you are a perfectionist?				
6. Do you have trouble making even the smallest decisions about your life? (where/what to eat, what to wear, what to write)				
7. Would you say you are "over empathetic" or "too sensitive"?				
8. Do you get frustrated at school or work because it is not challenging enough (or in school is/was it hard to "show your work"?)				
9. Have you ever been identified with, or thought you had ADHD, a learning disability, a mental health diagnoses?				

10. Do you feel things when others do like it was your own emotion (or even physical pain)?				
11. Would you or others say that you are: creative, artistic, scientific, or that you see the world in your own way? (circle those that apply).				
12. Do you, or have you, often feel that nobody understands “true you”?				
13. Do you seem to feel more anxious about issues than other peers your age				
14. Is it challenging to get a thought out of your head, or do you perseverate on thoughts as though you have no control?				
15. When you were very young, did you have “deep thoughts” about the world and your place in it (that seemed to be too mature for your age)?				
16. Have you been described as very imaginative, dramatic, and “overthinker”, or ever had an imaginary friend?				
17. Do you feel overwhelmed by emotions and find it hard to describe them or work through them?				

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External Resources:

Michelle Guy, Acorn & Anchor 2019 Youth Questionnaire
 Linda Silverman & Betty Maxwell, *Institute for the Study of Advanced Development*, 2014;
<https://rainforestmind.wordpress.com/the-quiz/>;
<https://www.sengifted.org/twice-exceptionality-nontraditional>