



Gifted/Talented/2e Profile Questionnaire

Please complete this for yourself, or for your child or youth. Also, for youth, please ask them to complete it as well. This questionnaire speaks to some of the profile characteristics that are not addressed in traditional Gifted testing. For adults and youth, please think about your lifetime of experiences even from early childhood.

Date of Birth: _____

Date: _____

Name: _____

Pronouns: _____

Questions:	Yes/ Always	Sometimes/ Maybe	No/ Never	Comment:
1. Have you ever been described as mature for your age?				
2. Are you told you talk a lot, or that you speak about one subject too much?				
3. Would you say that you are an "intense" thinker?				
4. Do you feel that people tell you to relax, calm down, or stop overreacting more than they need to?				
5. Would you or others say you are a perfectionist?				
6. Do you have trouble making even the smallest decisions about your life? Where/what to eat, what to wear, what to write?				

7. Would you say you are “over empathetic”? Do you feel things when others do like it was your own emotion?				
8. Do you get frustrated at school or work because it is not challenging enough, or it is hard to “show your work”?				
9. Have you ever thought you had ADHD, a learning disability, mood issues or other diagnoses?				
10. Do you feel like once you have learned something, you are bored by review?				
11. Would you or others say that you are: creative, artistic, scientific, or that you see the world in your own way?				
12. Do you feel that nobody knows the “true you”?				
13. Have you found it easier to talk with adults or more mature people than to people your own age?				
14. Do you seem to feel more anxious about issues than other peers (your age) do (political, global, social)?				
15. Do you have “deep thoughts” about the world and your place in it (that seems to be too mature for your age)?				
16. Have you been described as very imaginative, dramatic, and “overthinker”, or ever had an imaginary friend?				

17. Do you often question the purpose of life?				
18. Do you feel overwhelmed by emotions and find it hard to describe them or work through them?				
19. Do you know things but find it difficult to explain how or why?				
20. Have you ever thought so much about a topic that you feel like you can't control your thoughts?				

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External Resources:

Linda Silverman & Betty Maxwell, Institute for the Study of Advanced Development, 2014;

[https://rainforestmind.wordpress.com/the-quiz/;](https://rainforestmind.wordpress.com/the-quiz/)

<https://www.sengifted.org/twice-exceptionality-nontraditional>